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UM lectures shed light on medical advances in men's health

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University of Montana–Missoula. Office of University Relations, "UM lectures shed light on medical advances in men's health" (2001). *University of Montana News Releases, 1928, 1956-present*. 17057. <https://scholarworks.umt.edu/newsreleases/17057>

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The University of
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NEWS RELEASE

Jan. 26, 2001

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UM LECTURES SHED LIGHT ON MEDICAL ADVANCES IN MEN'S HEALTH

MISSOULA --

Sports injuries, sexually transmitted infections, post-traumatic stress syndrome and cerebrovascular health are several topics that local health professionals will address -- to men in particular -- during a 14-part lecture series this semester at The University of Montana.

The "Recent Advances in Men's Health" lectures are scheduled from 12:10 to 1 p.m. Thursdays, Feb. 1-May 10, in Room 117 of the Skaggs Building. They are designed to give participants an understanding of various health problems, traditional treatments and new developments in that area.

The lectures are free and open to the public. The course also is available as a fee/credit offering listed as Health Sciences 389, which provides continuing-education credit, Montana nursing home administrators credit or academic credit. Here are the course topics and presenters:

Feb. 1 -- "Men's Health and Sexually Transmitted Infections," Brant Goode, registered nurse and disease intervention specialist at the Missoula City-County Health Department.

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Feb. 8 -- "HIV: Managing the Complications of HAART (highly active anti-retroviral therapy), Dr. Leslie Whitney, Western States Infectious Diseases.

Feb. 15 -- "Smoking Cessation: Why it Matters for Men," Dr. Judy McDonald, Western Montana.

Feb. 22 -- "Cancers in Men," Dr. John Trauscht, Western Montana Clinic.

March 1 -- "Sports Injuries in Men," Dr. Michael Schutte, Northern Rockies Orthopedics.

March 8 -- "Erogenics: Feast or Famine Drug Use and Abuse in Male Athletes," Vince Colucci, adjunct assistant professor at UM's pharmacy school and pharmacotherapy specialist at Western Montana Clinic.

March 15 -- "Dietary Supplements and the Older Man," Cathy Bartels, associate professor at UM's pharmacy school.

March 29 -- "The Testosterone Years," Dr. Kathleen Rogers, Western Montana Clinic.

April 5 -- "The Midlife Passage of the Men's Health Movement: Lessons in Depth Psychology for Health Professionals," Missoula psychologist Victor Leberman.

April 12 -- "Cardiovascular and Cerebrovascular Health in Men," Dr. Newton Coutinho, Garden City Medical Associates.

April 19 -- "Unique Medical Challenges for Disabled Men," Dr. Jonathan Stone, Mountain West Rehabilitation and Missoula Community Medical Center.

April 26 -- "Stress Management and Post-traumatic Stress Syndrome," Dr. Michael

Marks, Missoula Psychological Medicine.

May 3 -- "Diseases of the Prostate," Dr. Karl Westenfelder, Missoula urologist in private practice.

May 10 -- "Alcohol, Drugs and Men's Health," Dr. E.H. Maloney, medical director of the Addiction Treatment Program at St. Patrick Hospital.

Fees for those seeking professional continuing education credit are \$100 for the series, \$60 for seven sessions or \$10 per session. To register or get information, call the Center for Continuing Education, (406) 243-2094.

Participants seeking academic credit (one semester credit) must attend at least 12 of the presentations and register through regular University course registration. For information, call the Registrar's Office at (406) 243-2995.

Those who wish to earn both academic and professional continuing education credit must register through regular University registration and Continuing Education. Professional continuing education credit does not cost extra for those registered for academic credit.

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